

STEELE SPORTS CAMP

Movement-Madness.com



Join the fun this semester

Like adults, kids need to get exercise... they need to put down the electronics turn off the tv and get their bodies moving for a minimum of 60 minutes a day. Movement of the body helps kids physically as well as helping their emotional, cognitive and social development. We all know the phrase 'a healthy body equals a healthy mind'.

Kids need to get moving and this is what we do at Movement Madness. We provide a fun and exciting way for kids to get/ stay fit mentally , emotionally , socially as well as physically.

We at Movement Madness are here for the development of the whole child. Through a 1 hour15 minute class we provide your child with the needed 60 minutes of vigorous exercise , help develop and improve sport skills, build their self confidence by providing constant praise and a positive social environment where they feel good about themselves , build friendships and learn to be a team player. Classes are offered to all students at Steele from kindergarten to 5th grade. CLASS FILLS QUICKLY SO EMAIL ME ASAP TO GET YOUR KIDDOS REGISTERED.

When : Tuesday's and/or Wednesday's 3-4:15 Meet in the gym after school

Tues. Class (no class feb 20) Jan. 9 – May. 15 3 – 4:15 \$280.00/ online or \$ 265.00 check

Weds. Class Jan. 10 – May 16 3 - 4:15 \$295.00/ online or \$ 280.00 check

2nd child or 2nd day \$30.00 off total fee / more than 2 kids contact me**

Please email me at jennycargile@hotmail.com if interested in having your child join us. Class might be full so please check before returning forms. Forms and payment may be turned into school office or mailed to Movement Madness , 373 South Humboldt St . Denver, 80209

Name/ grade /class _____

Parents/emergency #'s _____

Email _____

Allergies/ snack provided _____

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